

Fruit Infused Water Recipes Recipes for your water bottle infuser pitcher or jar



BOOK DETAILS

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BOOK SYNOPSIS

These fruit flavored water recipes add a sweet splash to your boring bottle of water. Drink up and get fit and healthy when you dive into infused water recipes that tantalize your taste buds. Water has never tasted so good! Drinking water is the lifeline to great health. There's nothing better for you than H₂O...or is there? Fruit infused water recipes take water to the next level, adding even more nutrients and benefits that hydrate, medicate, boost your energy level and even help you to lose weight. Plus, these fruit water recipes are bursting with flavor so you drink more...not because you need to, but because you want to. In this book, you will get over 30 step-by-step infuser water bottle recipes like basic fruit water recipes, detox water recipes, weight-loss water recipes, after workout recipes and even fruit infused water recipes to liven up parties and events. Not only will you get the best fruit water recipes for health and hydration, you'll get the most up to date information on the benefits of water and fruit and fun facts too. Did you know that adding a sprig or two of peppermint to your favorite fruit water recipes you can relieve your headache? Or that water infused recipes that include grapefruits can help you drop a few pounds? Get the best mouth-watering fruit flavored water recipes that will leave your taste buds begging for more. Drinking water has never been so fun and flavorful. Read on to find out why this book is good to the last drop. Our recipes work with all water bottle brands and pitchers including but not limited to: Live Infinitely, Prodyne, Aquafruit Bottle, Fresh Fusions, Infusion Pro, Great Gear, Fitness Master, InfusionH₂O, Hydracy, Bevgo, Aquafruit Bottle, and AVOIN colorlife water bottle.

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